

Psychophysiological correlates of inquiry and advocacy in human interactions

Ilkka Leppänen

Raimo P. Hämäläinen

Esa Saarinen

Mikko Viinikainen

*Systems Analysis Laboratory
Aalto University School of Science, Finland*

Research focus

- Improve structured contexts of organizational behavior and decision making
- Recognize that all behavior involves emotions
- Background:
 - **Organizational learning theory** (Argyris & Schön 1978, Senge 1990): balance inquiry and advocacy
 - **Systems intelligence theory** (Hämäläinen & Saarinen 2004, 2008): positive engagements improve team performance

Inquiry: interested, explorative

- Ask questions, be open, explore and show interest in other's points of view

Advocacy: assertive, narrow

- Assert, be narrow and aggressive, explain own points of view
- Facilitative OR intervention models (Franco & Montibeller 2010)

Inquiry and advocacy in group decision making

- **Theory**, field and behavioral **experiments**
 - Mason (1969), Schweiger, Sandberg & Rechner (1989), Schwenk (1990), Valacich & Schwenk (1995)
- Have shown that **adopting both** inquiry and advocacy modes improve decisions over consensus or expert approaches
 - Higher number of possible solutions
 - Better quality decisions
 - Higher satisfaction with outcomes

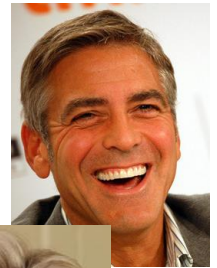
Positive vs. negative emotions in DM research

- Importance of intact somatic processing
- Positive emotions increase cooperativeness, reduce conflict, lead to better outcomes than negative
- Negative emotions create more concessions and reciprocal punishments

- Broaden and build: positive emotions relate to better information processing

Our experiment

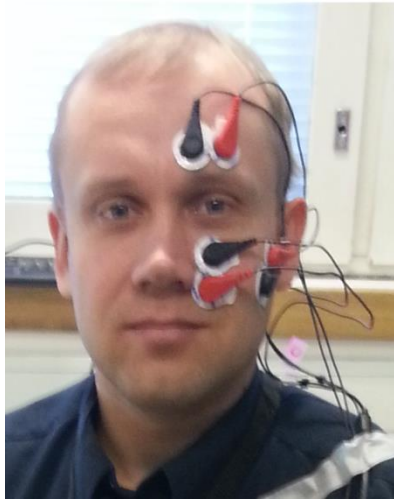
- **Emotional correlates** of **inquiry** and **advocacy**
- **Psychophysiological** measurements
 - Emotional **expressions**: **Duchenne smile**, **non-Duchenne smile**, **furrowed brows**
 - Emotional **arousal**: **sympathetic ANS activation**
 - **Empathy** questionnaire (control)



Our hypotheses

- Inquiry elicits **Duchenne smiles**
- Advocacy elicits **furrowed brows**
- **Emotional arousal** level is different (non-directional) between inquiry and advocacy
- **Empathy** is related to a high frequency of expressions and a high level of arousal

Psychophysiological measurements



- Emotional expressions: *electromyography* (**EMG**) from 3 muscle regions on the left hemisphere of face

- Emotional arousal: *skin conductance response* (**SCR**) from left hand fingers

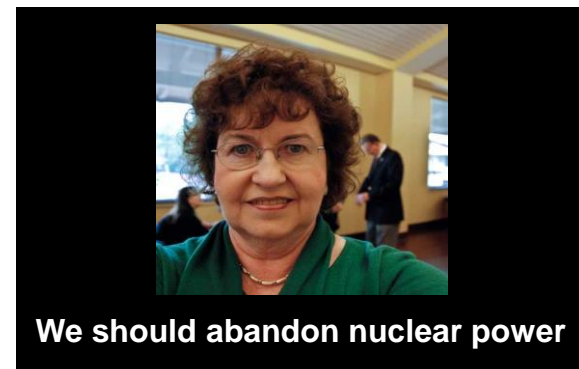
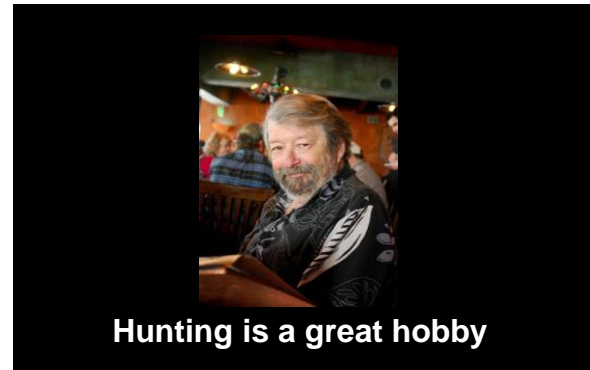


Setup

Inquiry: take an inquisitive approach on the statements of the persons shown on the screen

Advocacy: be critical and if possible, form objections to the statements of the persons shown on the screen

- Dimly lit room
- Comfortable chair
- Stimulus shown on a computer screen



Subjects

- $N = 40$, $M_{\text{age}} = 34.6$, 22—61 years
- Exclusions from data-analysis:
 - 7 excluded because they failed to understand task (post-experiment questionnaire)
 - 6 excluded from SCR analysis because they did not show the signal
 - Running analysis with all 40 does not dramatically change results

Stimuli and treatments

- In each treatment the subjects are shown **photographs with statements**. This is the stimuli. Tasks:
 - **Inquiry**: view the stimuli in an inquiry mode (series of 26 stimuli)
 - Break 1 min
 - **Advocacy**: view the stimuli in an advocacy mode (series of same 26 stimuli)
 - Break 1 min
 - **Neutral**: view the stimuli in a neutral mode (series of same 26 stimuli)
 - Each stimulus shown for **18 s** with **5 s** breaks in between
 - Order of stimuli in the series **randomized in each treatment**
 - Order of inquiry/advocacy **randomized for each subject**, neutral treatment always last
 - Baseline measurement before the treatments, duration **5 min**
 - Total measurement duration 38 min
-

Stimuli and treatments

26 photographs with statements



18 s

5 s

5 s

18 s

In randomized order in each treatment

baseline
(5 min)

inquiry (10 min)

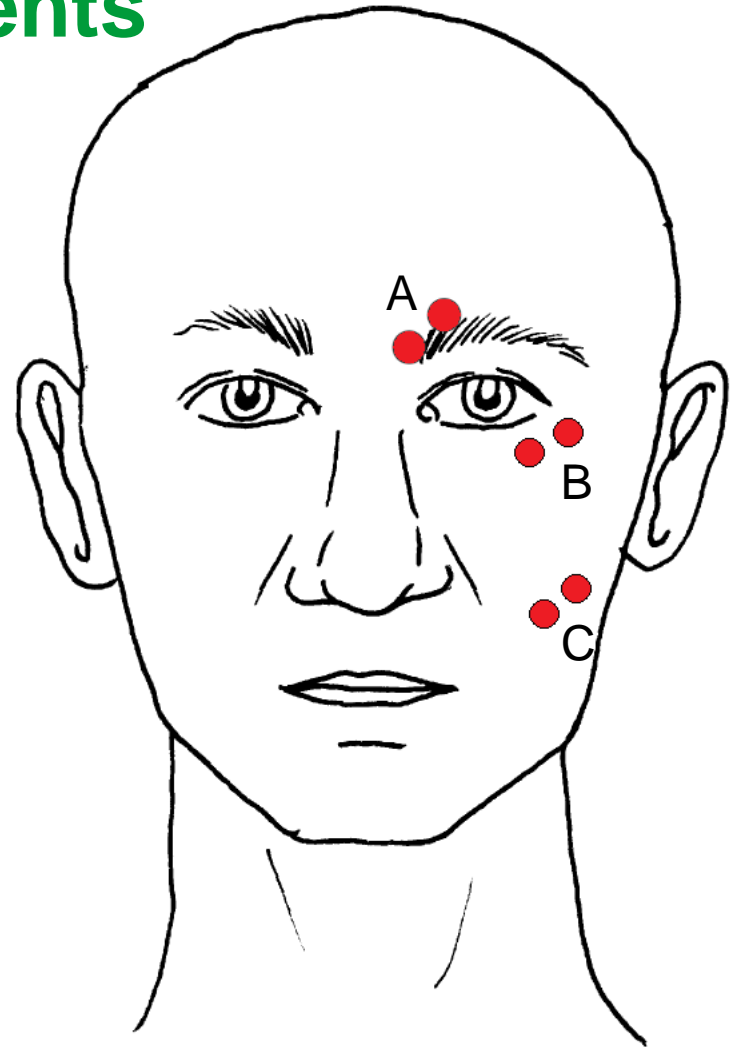
advocacy (10 min)

neutral (10 min)

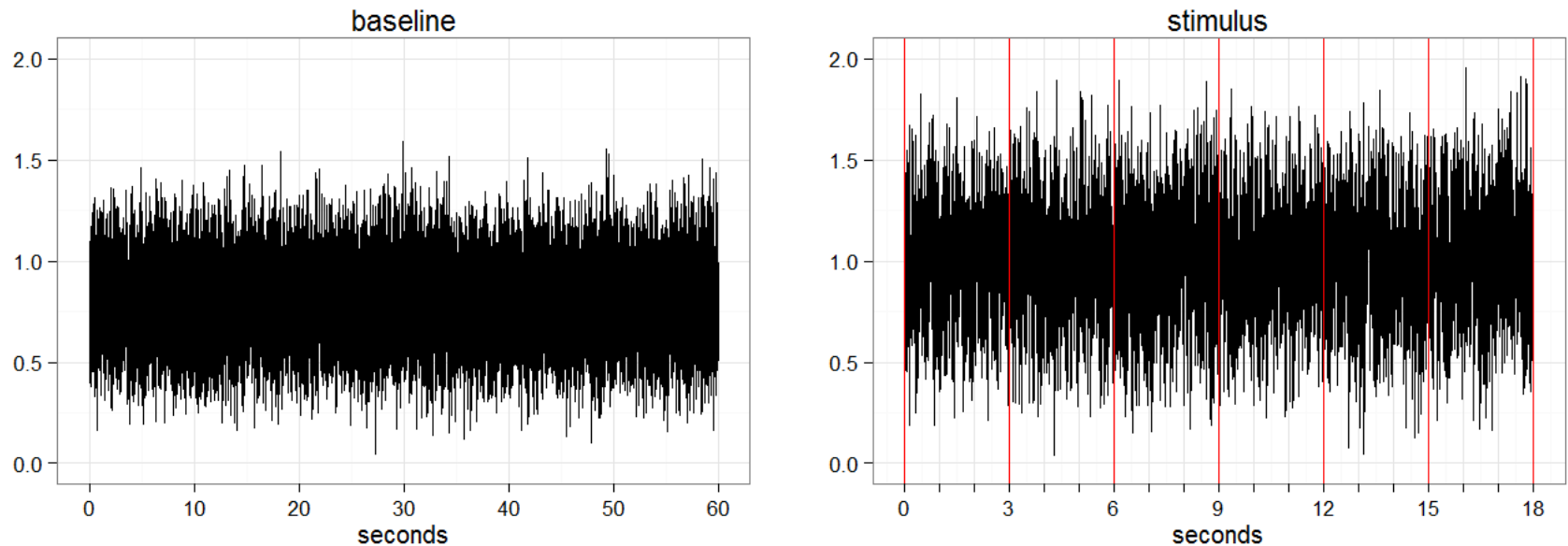
randomized order

EMG electrode placements

- A: *Corrugator supercilii* – contracts the eyebrow
- B: *Orbicularis oculi* – wrinkles the eye
- C: *Zygomaticus major* – raises the cheek

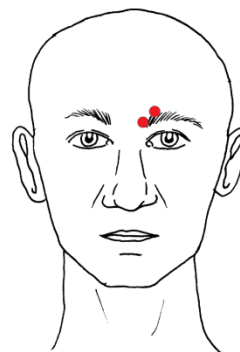


EMG score processing

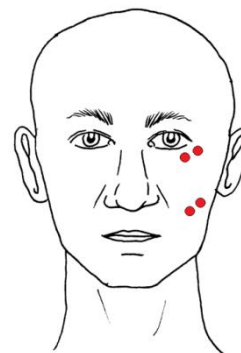


- 2048-Hz signal filtered to 90-200 Hz, smoothed, logarithmized
- Signal during stimulus averaged into 3 s bins
- Bin scored active if bin mean $>$ baseline mean
- **Bin count** = sum of active bins

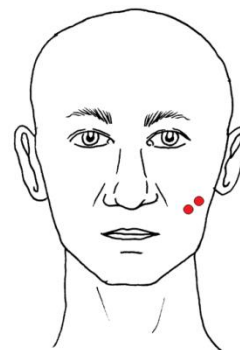
- Furrowed brow: only *corrugator* active in a bin



- Duchenne smile: *orbicularis* and *zygomaticus* active in a bin



- Non-duchenne: only *zygomaticus* active in a bin



SCR score processing

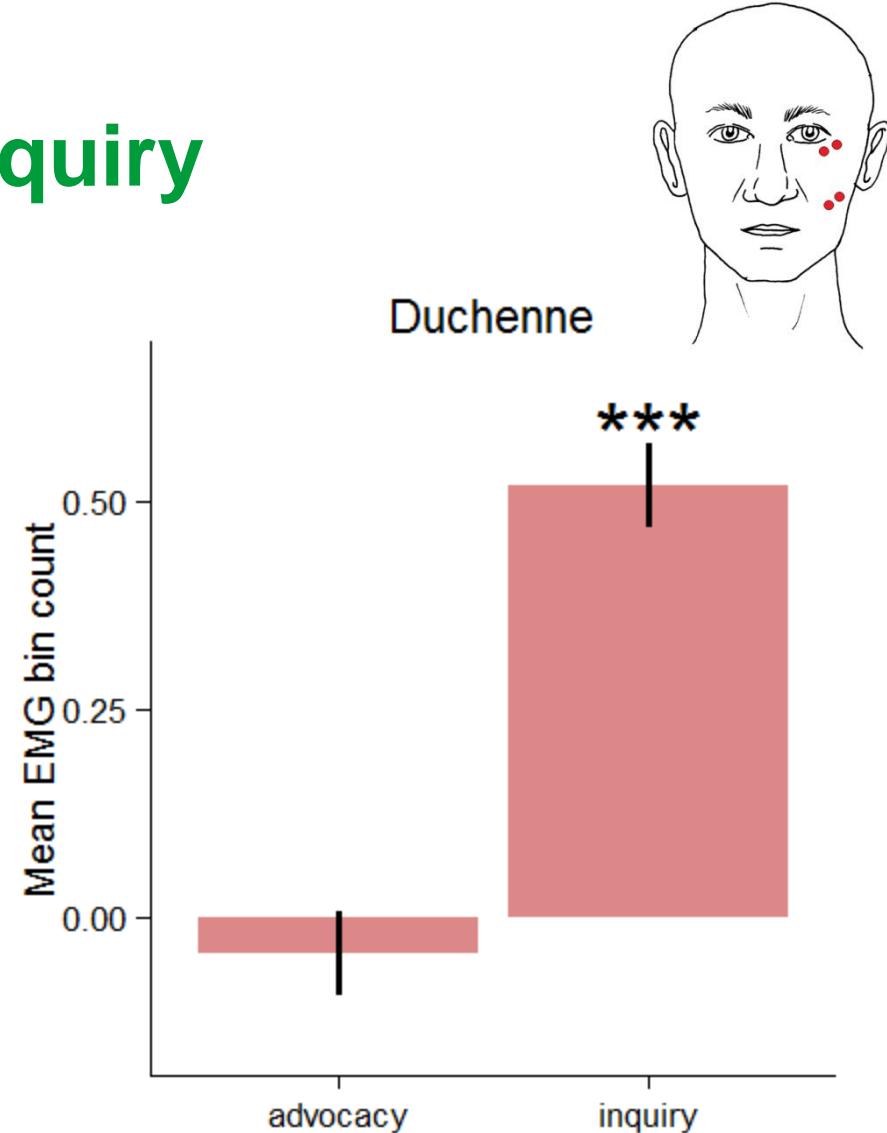
- SCR has 2 components: tonic and phasic
- Phasic is of interest, corresponds to *sudomotor nerve firing* at $\approx .62$ Hz
- 128-Hz signal down-sampled by half and smoothed, deconvoluted to extract the phasic component, integrated in a 17 s window and logarithmized => **ISCR** score
 - Benedek & Kaernbach (2010)
 - www.Ledalab.de (*Matlab* add-on)

Emotional empathy questionnaire

- Mehrabian & Epstein (1972)
- Empathy: **sharing** the emotional experience of others
- Before the experiment, 33 item questionnaire
 - “It makes me sad to see a lonely stranger in a group”
 - “Some songs make me happy”
- => Empathy score 0 – 100

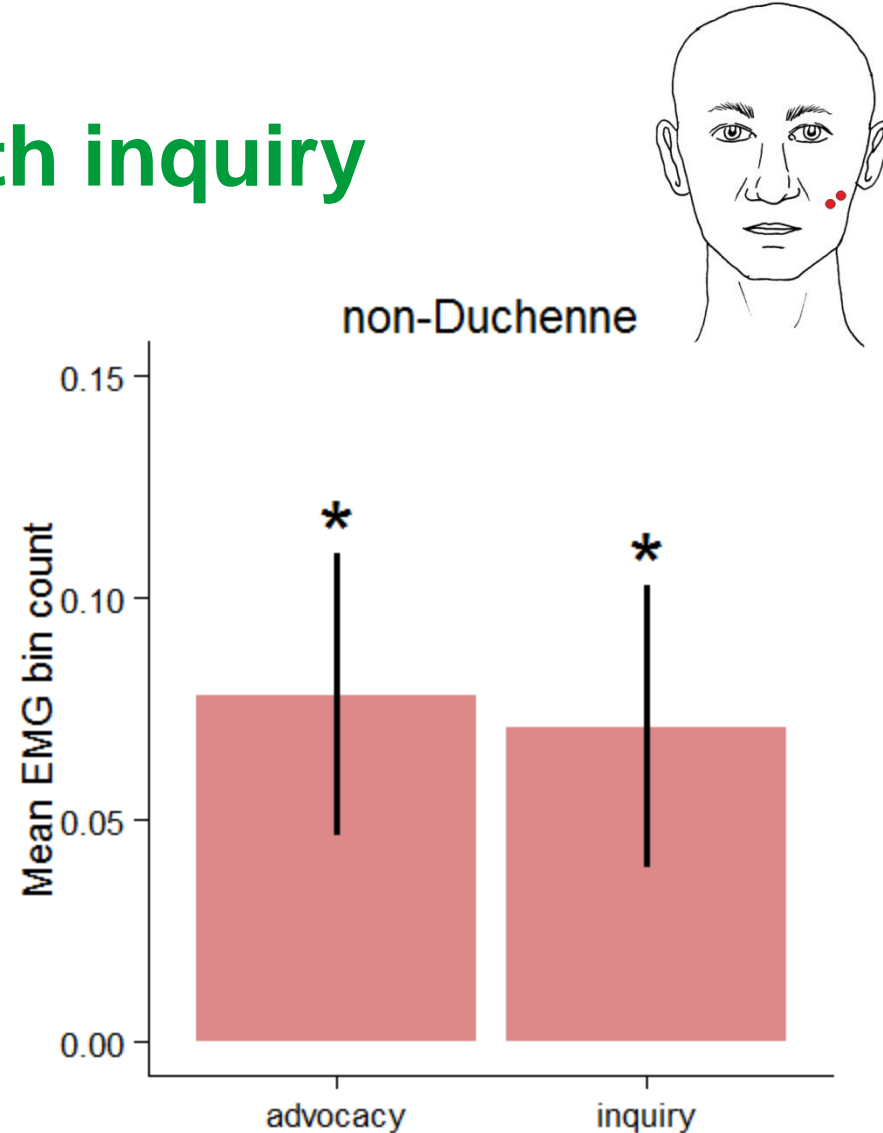
Duchenne smiles in inquiry

- Linear mixed models (LMM) with subjects as random effects
- Treatments as deviation coded contrasts
- Ref. treatment (neutral) level not shown, moved to zero
- Error bars = SEM

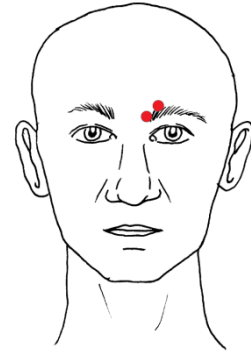


Non-Duchennes in both inquiry and advocacy

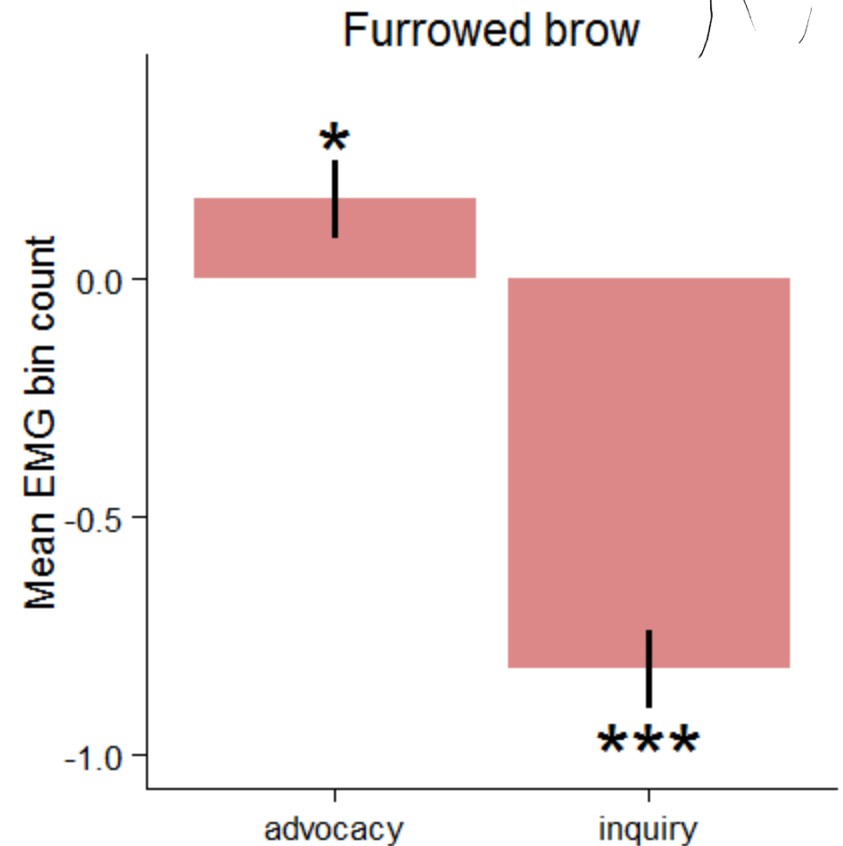
- The difference *between* inquiry and advocacy is not significant (LMM, $p = .79$)
- => The non-Duchenne smile is not differentially activated in inquiry and advocacy



Furrowed brows show reciprocal effect

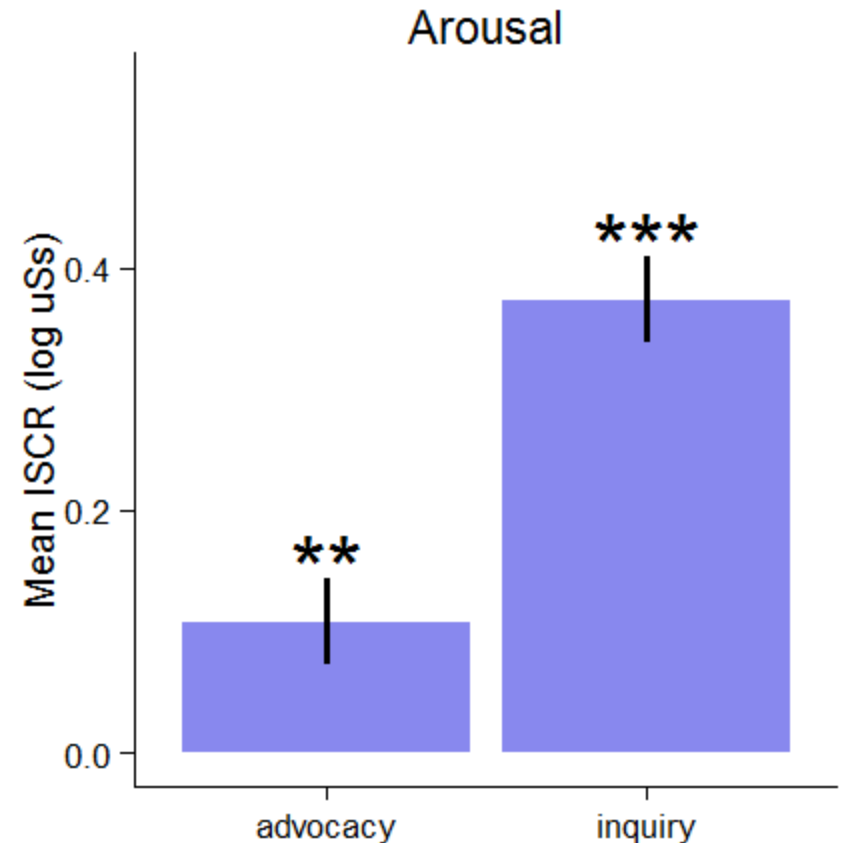


- **More** furrowed brows in advocacy
- **Less** furrowed brows in inquiry
- This is a known pattern of *corrugator* activation (Larsen et al. 2003)



Arousal in both inquiry and advocacy

- Arousal is significantly higher in inquiry than in advocacy (LMM, $p < .0001$)
- Additional hypothesis: is arousal only related to the *smiles*?



Arousal as function of the expressions: treatment effects

- **Duchennes:** constant and increasing relationship in all treatments
 - **non-Duchennes:** treatment interaction effect
 - Arousal increased in the bin count of non-Duchenne smiles in inquiry, but decreased in the bin count of non-Duchenne smiles in advocacy
 - **Furrowed brows:** no relationship
 - **The Duchenne smile is possibly the only genuine internal emotional state**
-

Empathy vs. emotional measures

- Mean empathy score 43.4 (SD 23.7)
- Across treatments:
 - Only relates to non-Duchenne smiles; the higher the empathy score, the more there were non-Duchenne smiles in all treatments
- May imply: non-Duchennes are **volitional** and reflect the subject's empathic tendency

Summary

- Study the psychophysiological correlates of **inquiry** and **advocacy** modes of interaction
- Inquiry elicits **positive emotions** (Duchenne smiles) and advocacy elicits **negative emotions** (furrowed brows)
- **Emotional arousal** is higher in inquiry than in advocacy and related to positive emotions
- **Empathy** increases frequency of non-genuine positive emotions

Future research

- Better external validity with an actual group decision making situation
- Psychophysiological correlates of inquiry and advocacy in other **behavioral experiments**
 - Interactive situations and strategic decision making
 - Individual decision making
 - Trust and cooperation in repeated interactions
 - Role of empathy?

References

- Argyris, C., & Schön, D.A. (1978). *Organizational Learning: A Theory of Action Perspective*, Addison-Wesley.
- Benedek, M., & Kaernbach, C. (2010). A continuous measure of phasic electrodermal activity. *Journal of Neuroscience Methods* 190, 80 – 91.
- Hämäläinen, R.P. & Saarinen, E. (2004). *Systems Intelligence – Discovering a Hidden Competence in Human Action and Organizational Life*, Helsinki University of Technology, Systems Analysis Laboratory, Research Reports A88.
- Hämäläinen, R.P. & Saarinen, E. (2008). Systems intelligence: the way forward? A note on Ackoff's 'why few organizations adopt systems thinking'. *Systems Research and Behavioral Science* 25, 821 – 825.
- Larsen, J.T., Norris, C.J., & Cacioppo, J.T. (2003). Effects of positive and negative affect on electromyographic activity over zygomaticus major and corrugator supercilii. *Psychophysiology* 40, 776 – 785.
- Mason, R.O. (1969). A dialectical approach to strategic planning. *Management Science* 15, B403 – B414.

References

- Mehrabian, A. & Epstein, N. (1972). A measure of emotional empathy. *Journal of Personality* 40, 525 – 543.
- Schweiger, D.M., Sandberg, W.R., & Rechner, P.L. (1989). Experiential effects of dialectical inquiry, devil's advocacy, and consensus approaches to strategic decision making. *Academy of Management Journal* 32, 745 – 772.
- Schwenk, C.R. (1990). Effects of devil's advocacy and dialectical inquiry on decision making: A meta-analysis. *Organizational Behavior and Human Decision Processes* 47, 161 – 176.
- Senge, P. (1990). *The Fifth Discipline: The Art & Practice of The Learning Organization*, Random House.
- Valacich, J.S., & Schwenk, C. (1995). Devil's advocacy and dialectical inquiry effects on face-to-face and computer mediated group decision making. *Organizational Behavior and Human Decision Processes* 63, 158 – 173.