

Aalto Systems Forum

A Landmark Event at Aalto University

Positivity

Monday 21.6.2010 at 14.15-16.00

Hall A, The main building of the Aalto University School of Science and Technology, Otakaari 1, Espoo.

Location and public transport of the main building:
http://www.tkk.fi/en/about_tkk/contact/how_do_i_get_to_otaniemi/.

The event is organized by the Systems Intelligence Research Group of Aalto University.

Program:

How Positive Emotions Work, and Why

Prof. Barbara L. Fredrickson
University of North Carolina at Chapel Hill, USA

Discussion

Prof. Barbara Fredrickson and Prof. Esa Saarinen

Background:

Prof. Barbara Fredrickson is a leading scholar within positive psychology and affective science. Her research centers on positive emotions and human flourishing. Her groundbreaking work has been recognized with numerous honors, including, the 2000 American Psychological Association's Templeton Prize in Positive Psychology. Prof. Fredrickson's widely acclaimed book *Positivity* is an accessible written synthesis of her own research and the science of the positive.

Prof. Fredrickson's home page:
http://www.unc.edu/peplab/barb_fredrickson_page.html
Prof. Fredrickson's book *Positivity*:
<http://www.positivityratio.com>

Prof. Fredrickson is in Finland as the guest of the Systems Intelligence Research Group of Aalto University.

The home page of the Systems Intelligence Research Group:
<http://www.systemsintelligence.tkk.fi>
Raimo P. Hämäläinen and Esa Saarinen, eds:
Essays on Systems Intelligence (2010):
<http://www.systemsintelligence.tkk.fi/SI2010.html>
Prof. Saarinen's Aalto University lecture videos (in Finnish):
<http://ecmedia.hut.fi/esa>

Enrolment:

The event is free of charge and open for all who are interested. The event will be held in English, and all the participants will get the latest book of systems intelligence, *Essays on Systems Intelligence*.

Please enlist your participation here:
https://eage.tkk.fi/?fs/TAPAHTUMA_positivity.

Aalto Systems Forum:

<http://www.sal.hut.fi/aaltosystemsforum/>



Aalto University
School of Science
and Technology



Prof. Barbara L. Fredrickson



Prof. Esa Saarinen