

### **Networking**

By Joppe Quaedvlieg



With nine years of experience as a sociotherapist in the Netherlands.

- Interpersonal communication.
- Challenges in ethical communication.
- Growing and activating your network.
- Non violent conflict resolution.

### Disclaimer

- Phones
- Truth

How does a typical conversation go with the purpose of networking?



What do you think are the steps of this conversation

Please write them down.



### Look around the room...

# Introduction... 4 steps:

- 1. Eye contact
- 2. Stick out hand
- 3. Introduce yourself
- 4. Follow up question: what do you do?"

### Questions...

- 1. What challenges/needs/wants do you have in what you do?
- 2. What do I really wanna know about this?

# Checking your skill set...

People	Info/data	Things
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

# What challenges I have...

People	Info/data	Things
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

### Real Life Examples...

How do I communicate what I have to offer so the other will understand?

Skill = Challenge + Solution + Outcome

Offer...

Maybe I can help you with that...

If you are interested...

If you'd like...

## Asking for A.I.R.R...

Advice.

Insight.

Recommendations.

Referrals.

# Closing the conversation...

- 1. Get eye contact.
- 2. Wait for pause.
- 3. Stick out hand.
- 4. Thank for the conversation.
- 5. Remind about ask/offer.
- Looking forward to meeting. you next time/Goodbye.

Follow up...

Email, Coffee, Call on offer/ask.

### Who to contact?

Challenges
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Who to ask for AiiR?

1.

1.

2.

2.

3.

3.

4.

4.

5

5

Lets contact them...

And now express to each other what you need...

### **Joppe Quaedvlieg**

+358402159505 info@joppequaedvlieg.com www.joppequaedvlieg.com

